

PSU Psychology 403: Outreach By Arrangement

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You must have instructor permission to enroll in PSY 403.

Interdisciplinary neuroscience explores the relationship between our brains and behavior from multiple perspectives, including psychology, biology, speech and hearing sciences, social science, systems science, direct community engagement and the arts. Memory, attention, perception, language, feeling, and decision making in social contexts all depend on brain structure and function. People in this field examine how the underlying physiology of the nervous system relates to individuals' psychological and behavioral processes.

Students enrolled in the PSY 403 by arrangement commit to joining *multiple* outreach visits to schools, houseless youth organizations, correctional facilities and other public settings, and are also expected to write up detailed posts about their experiences and the research they discussed. For more information:

<https://www.pdx.edu/psychology/neuroscience-minor>



COURSE OBJECTIVES

To gain interdisciplinary outreach experience in public settings. To go places and listen to what people already know - and/or want to know about brains and behavior, and discover where your own stories from classrooms and labs might intersect. To participate in and/or develop your own art projects/other materials to encourage further engagement. To write about your own experiences in accessible public blog posts explaining the research you discussed, or interdisciplinary materials you created, and/or describing salient or personally motivating aspects of outreach to a broader audience.

COURSE EXPECTATIONS

Students enrolled in PSY 403 must meet the following requirements:

1. Attend at least FIVE (*though some terms will require SIX*) off-campus outreach visits during the term. Outreach participation is required and essential, particularly early in the term, to help develop your skills and identify topics for public posts.
2. Check in at least once/month with the PSY 403 instructor. Students must reach out to schedule monthly meetings, and should be prepared to discuss outreach progress, and their ideas for interdisciplinary projects and public posts.
3. Write at least one well-researched, illustrated (with images, graphics, and other visual aids), accessible post for public viewing on nwnoggin.org about the outreach experience. This post (or posts) can focus on the outreach itself, specific visits, what outreach taught you about science communication, the impact of interdisciplinary approaches, or any other aspect of the experience that struck or intrigued you. To see past examples, check here: <https://nwnoggin.org/outreach-opportunities/>

Hope through Change

Bill Griesar May 21, 2022 Opportunities

Post by Tira Gaston and Britta Harbury, undergraduates in [Psychology](#) and [Interdisciplinary Neuroscience](#) at [Portland State University](#), and Bill Griesar. Tira and Britta have participated in multiple outreach visits through nwnoggin.org.



GRADING

Grades are based on outreach efforts, meetings, on time submissions, and published posts.

PSY 403 Outreach By Arrangement Posting Requirements

A key requirement for the PSY 403: Outreach by arrangement is publishing a publicly accessible online post during the term. This post must be in your own words (not those of others, or AI), and include a significant number of creative, self-made images aimed at informing and engaging a broader public about your outreach topic. ***This in-depth, well-researched, published post is required for a passing grade in PSY 403.***

WHAT AM I WRITING ABOUT?

That's up to you! What are you discovering about outreach? What strikes you about it, interests you, motivates you, engages you, surprises you, shocks you? What have you learned? What do you wish you knew more about before introducing yourself to the public, discussing neuroscience topics, considering questions, making art?

Are there specific topics that you're excited to explore further? Questions from K12 and the public often suggest good ideas for post topics, particularly if they are personally relevant. Do you have any interests or skills that relate in some way to outreach, or education, or art? Might new materials or art projects help communicate important concepts?

Successful posts by past PSY 403 participants are found here:

<https://nwnoggin.org/what-is-outreach-like/>

WHEN IS MY POST DUE?

WEEK ONE: Meet by Zoom to go over by arrangement expectations for the term. You will spend the term in outreach participating, observing, learning, researching, considering potential post topics, organizing, illustrating and publishing your post.

WEEK FIVE: REACH OUT to schedule a Zoom session. By Week Five you should have a clearly articulated idea of your topic, and thoughts on how you will organize your public post. We'll discuss this topic at the session.

WEEK SIX: SUBMIT your substantially completed draft post by email. You are welcome to submit your post as a Word doc, or a Google doc (please do not send a pdf). Your post should include a title, a short bio (name, major, minor), text, section headings, illustrations (most of them your own), and research links in this format:
LEARN MORE: [Hyperlinked NIH article](#).

WEEKS SIX – TEN: EDITING. I'll read through your post, and offer suggestions, and share these, and you will make changes and updates until we both agree that your post is ready for publication. ***Again, publication is required to pass PSY 403.***

Access and inclusion for students with disabilities

PSU values diversity, equity, and inclusion. Our goal is to create a learning environment that is accessible, equitable, inclusive, and welcoming. I am committed to fostering mutual respect and full participation for all students. If any aspects of instruction or course design result in barriers to your inclusion or learning, the Disability Resource Center (DRC) provides accommodations in the learning environment.

If you have, or think you may have, a disability that may affect your work in this class and feel you need accommodations, contact the DRC to schedule an appointment and initiate a conversation about reasonable accommodations. The DRC works with students who have physical, learning, cognitive, mental health, sensory, chronic illness, and all other disabilities.

If you already have accommodations: Please contact us to make sure that we have received your Faculty Notification Email, and to discuss your accommodations.

The DRC is located in Smith Memorial Student Union, Suite 116. You can also contact the DRC at 503-725-4150, drc@pdx.edu, or visit the [DRC website](#).

It can be challenging to do your best in class if you have trouble meeting basic needs like safe shelter, sleep, and nutrition. Resource centers across campus are here to provide assistance, referrals, and support. Please contact anyone on this list for assistance:

- [Basic Needs Hub](#): email to connect with the basic needs hub basicneedshub@pdx.edu.
- [Portland State Food Pantry](#): email to connect with the PSU food pantry pantry@pdx.edu.
- [C.A.R.E. Program](#): email to connect with the CARE Program askdos@pdx.edu, or call (503) 725-4422.
- [Student Health & Counseling](#): email to connect with student health and counseling askshac@pdx.edu, or call (503) 725-2800.

Mental health emergencies

If you are having a mental health emergency and need to speak with someone immediately, come into SHAC at any time during SHAC [hours of operation](#). After hours and weekends call the Multnomah County Crisis Line 503-988-4888.

PSU CARES

Connects students with resources when they are experiencing distress or other concerns that might impact their personal or academic success.

- [Make a referral to PSU CARES](#)
- Call PSU CARES: 503-725-4422
- Email PSU CARES: askdos@pdx.edu

PSU desires to create a safe campus. As part of that mission, PSU requires all students to take the [Understanding Sexual Misconduct and Resources learning module](#). If you or someone you know has been harassed or assaulted, you can find the appropriate resources on PSU's [Sexual Misconduct Response website](#).

Title IX reporting statement

Students frequently come to us for assistance in matters not related to the course material. Please be aware that PSU's policies require instructors to report any instance of sexual harassment, sexual and relationship violence and/or other forms of prohibited discrimination to university officials, who will keep the information private. If you would rather share information about these matters with a PSU staff member who does not have these reporting responsibilities and can keep the information confidential, please use these campus resources:

- Connect with Confidential Advocates: 503-894-7982 or [schedule online](#) to talk with a Confidential Advocate (for matters regarding sexual harassment and sexual and relationship violence).
- [Center for Student Health and Counseling](#): 1880 SW 6th Avenue #200; 503-725-2800

Discrimination and Bias Incidents

[The Office of Equity and Compliance](#) (OEC) addresses complaints of discrimination, discriminatory Harassment, and sexual harassment against employees (faculty and staff). If you or someone you know believes they have been discriminated against, you may file a complaint. Someone from the OEC will contact you to discuss how to best address your complaint.

[The Bias Review Team](#) (BRT) gathers information on bias incidents that happen on and around campus, and gives resources and support to individuals who experience them. You can report a bias incident you experienced or learned about. A member of the BRT will contact you if you indicate you would like to be contacted.

Religious accommodations statement

If you would like to obtain religious accommodations, such as flexibility in attending evening courses or an extension on assignments, please contact your instructors. If you need additional assistance, please contact the Office of the Dean of Student Life (DOSL) by emailing askdos@pdx.edu.

Cultural Resource Centers statement

Cultural Resource Centers (CRCs) create a student-centered, inclusive environment that enriches the university experience. They honor diversity, explore social justice issues, celebrate cultural traditions, and foster student identities, success, and leadership. They provide opportunities for student leadership, employment, and volunteering; student resources such as computer labs, event lounge, and study spaces; and extensive programming. All are welcome!

- [Multicultural Student Center](#)
- [La Casa Latina Student Center](#)
- [Native American Student and Community Center](#)
- [Pan African Commons](#)
- [Pacific Islander, Asian, and Asian American Student Center](#)
- [Middle East, North Africa, South Asia Student Center](#)