Letting Knowledge Serve through interdisciplinary neuroscience, art, and a few extra brains!



### Noggin @ UCEDD

nwnoggin.org

# Northwest Noggin

## Jeff Leake



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## **Bill Griesar**





griesar@pdx.edu

Jeff Leake, M.A., artist and instructor in Psychology and University Studies, Portland State University; President, cofounder and Arts Coordinator of NW Noggin. **Bill Griesar, Ph.D.,** Teaching Assistant Professor, Portland State University; co-founder and Neuroscience Coordinator of NW Noggin; Affiliate Graduate Faculty, OHSU.

## Kanani Miyamoto



### kanani.m@gmail.com

**Kanani Miyamoto, M.A.,** artist and Art Coordinator for p:ear: mentoring homeless youth, Board Member of NW Noggin. Northwest Noggin @ Siletz Outreach in May 2023

THANK YOU Patrick Clarke, Romeo, Romeo, EZ and Rylan for a fantastic, brain-energizing lunch!!







## nwnoggin.org

### Arts integrated neuroscience outreach for K-12 & community

### ELEVEN YEARS! ALL VOLUNTEER (everyone) 65,000+ community members

# Art & Brains!

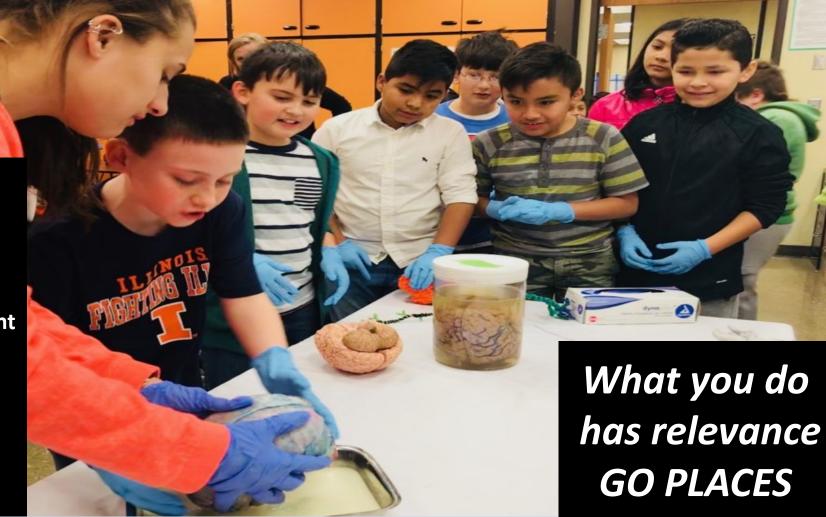
### NEURON Myelin Nodes of Ranvier

nwnoggin.org

Valerie

Marita

Sleep Anxiety Depression ADHD Autism Development Perception Gender Drugs Memory Language **Racial Bias** 



# We all pay for research

Greater understanding More support for research Increased participation Less confirmation bias New directions FUN!

## **Connections matter**

# BUILD NEW CONNECTIONS



Oh the places

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- Academic priority K-12, urban/rural communities, tribal majority schools
  - Not always well-funded, or valued, often ignored, subjected to standardized testing that primarily benefits others.
     Complex brain development underway, unacknowledged diversity, racism, bias, police brutality, mental health,...
- Young graduate researchers, undergraduates (Portland State University, OHSU,...)
  - How does my research relate to the world? How can I explain it? Where can I go from here?
- Houseless youth (p:ear), incarcerated youth (MacLaren/Coffee Creek Correctional Facilities)
  - "It's like people see me as an object, not as a human being"
- Artists: Painters, Dancers, Storytellers, Musicians, Poets
  - How does my work relate to other fields? How do I connect with new audiences?
  - How is my practice influenced and enriched by discoveries about the brain?
- **Community organizations** 
  - TRIO, Area Health Education Centers (AHECs), American Brain Coalition,...
- Area businesses (BioGift, Intel, Fort George Brewery, Portland Art Museum)
  - How can we better connect with everyone in our community?
  - Members of the public
    - Why are my taxes spent on research? Art? What are we discovering? Making?

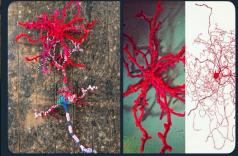
## Why art & brains..?

- Motivation, engagement, empathy
- Exploration, creativity, INNOVATION
- Personal relevance of STEAM material



N.W. Noggin @NWNoggin

Building a #rosehipneuron in #pipecleaners 🤐 #nwnoggin 🥯 🗞 #sciart #scicomm 🥀 nwnoggin.org/2018/08/31/ros...





### To see **other** people



p:ear

Researchers Clinicians Policy makers Houseless youth Bunny: "We are all connected "

### HOMELESSNESS & THE BRAIN

Thurs, Oct 19th 10am - 1pm

p:ear mentor gallery 338 NW 6th Ave

nwnoggin.org pearmentor.org

TREET KIDS ART NEURO-SCIENCE

## **Rural Outreach** TO GO PLACES!

Siletz, Amity & Willamina, OR Pop: 4,000

Davenport, WA Pop: 1,700

Meservy Meadows, OR Pop: ~40 La Grande, OR Pop: 13,000

Heppner & Ione, OR Pop: 1,240

Food, housing, baby goats...

HEP

### Synapses, Stories and Song!

REPRESENTE A REALINE

### Tribal majority schools

# Noggin + TRIO

mm Signalsmmm From Noise

Surrounded by Waves in the Pacific Northwest

**Oregon Coast Spring, 2023** 

# Noggin + TRIO

Y Dormitory, Astoria

NOGGINS ON THE OREGON COAST 23



Rosebriar Mansion, Astoria

Clatsop Community College TRIO Program

THANK YOU FOR SUPPORTING ART/NEUROSCIENCE OUTREACH!





Fort George Brewery, Astoria



Peter Pan Market, Astoria

## Noggins on the Coast

### Community Connections

A four mile long steel cantilever through truss bridge connecting Oregon and Washington state

**Corpus Callosum** 

White matter (myelinated neuron axons) connecting the cortex in both our left and right hemispheres



"What causes that feeling of **#paralysis** as you're falling asleep? Does **#daylightsavingstime** affect sleep? Why is **#sleep** important for **#brains**? What brings on **#nightmares**?"

#nwnoggin @ #astoriaoregon high school 🕖

#outreach #allvolunteer 🤎





NWNoggir

"I saw #mycelium in the forest and it looks like #brain cells 🍄! I think my #brain learns through stories" 😍 <a>! Yes</a> ♥

Some of the deepest insights and questions from #preK today 😃 😃

#nwnoggin #oregoncoast 
C
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"Can you get a **#concussion** in your **#entericnervoussystem** or **#microbiome**? Is the **#brain** like a computer? What part of the brain is involved w/**#rhythm** & making your foot tap? Do you ever see a brain that's smooth?"



@NWNoggin"Does #alcoholism run in families? How does smoking

cigarettes affect the brain? What about #cannabis? What happens in your #brain if you have #ADHD? #DID? Why are drugs more dangerous for kids?"

GREAT QUESTIONS @ Seaside Middle School @ ?? U f nwnoggin.org/event/noggins-...



## **Neuroscience & Law**

### To listen, learn, empower & make change



### Youth get visual, hands-on experience with the brain

NW Noggin, a neuroscience outreach nonprofit, reached out to youth at MacLaren Youth Correctional Facility this week to teach about brain development.

🕘 Lindsay Keefer on January 24, 2019



### **MacLaren Youth Correctional Facility**

## **At SfN conferences**

### Posters, art of neuroscience and...

1BIA UNIVERSITY PRESS



### **Public School visits**

Public outreach and connection

# And also to Capitol Hill **More connections: Congressional office visits Congressional Neuroscience/STEAM briefing** "Bipartisan" neuron

### **Research should inform policy**

### **NOGGINFEST!** & Art & Music

## Music, art, research, • brains, all ages, FREE

#### Noggin Fest 2023

SCHEPULE OF EVENTS 4:00 - 6:00pm Art and BRAINS! 6:00 - 6:25pm NOAH MILMAN, Oregon Health & Sele Loss of sleep when its needed most -Consequences of persistent developed LO OLO 700 - 7250 AUSTIN SCHUBERT, Oregon Health & Science "Brains in a Pish: What Cortical Organoids ean Teach us about Brain Pevelopment, Pisease, and Evolution" 7:30 - 7:550+ CAPE MEARES 8:00 - 8:25pm **ROXANNE BAHN-BALES ANP BLAKE LEE** Oregon State University Barn biology: What sheep and mice \$-10 - \$-55mm

JOIN US: This is the largest student-run, accessible, public celebration of music, art and interdisciplinary neuroscience in the Pacific Northwest! And it's FREE!!

WHERE: Honey Latte Cafe, 1033 SE Main St Portland, OR 97214

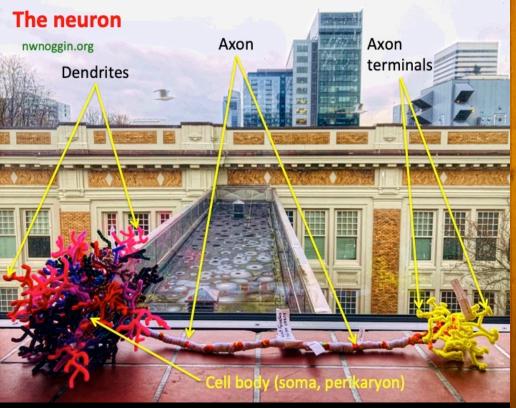






## Pipe cleaner brain cells!

MAKE YOUR OWN: Details @ nwnoggin.org





#### Making a pipe cleaner neuron...

1. Start with a good amount of (colorful) pipe cleaners, I have 20 here.



2. Create the soma or cell body by linking several pipe cleaner hoops together.



3. Attach dendrites to your soma by wrapping them around the soma pipe cleaners.



4. Attach axon terminals to the other end of your axon.



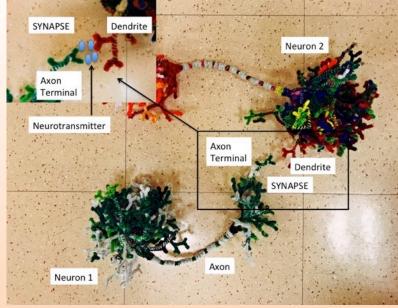
# MAKE CONNECTIONS

## **MAKE ART**

6. Create a nucleus for your soma by wrapping two pipe cleaners around each other. Attach your nucleus inside your soma. You have a neuron!

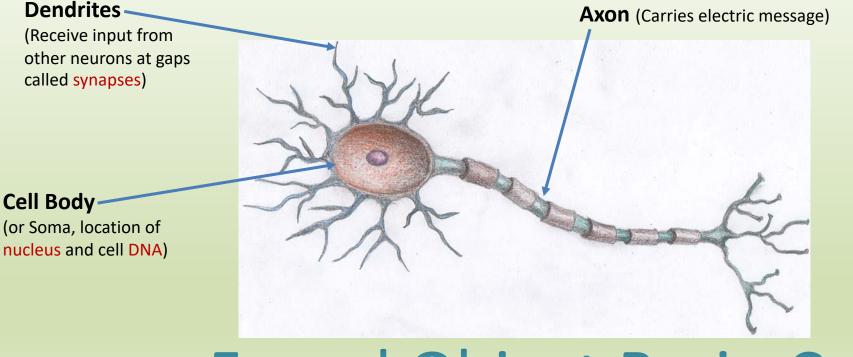






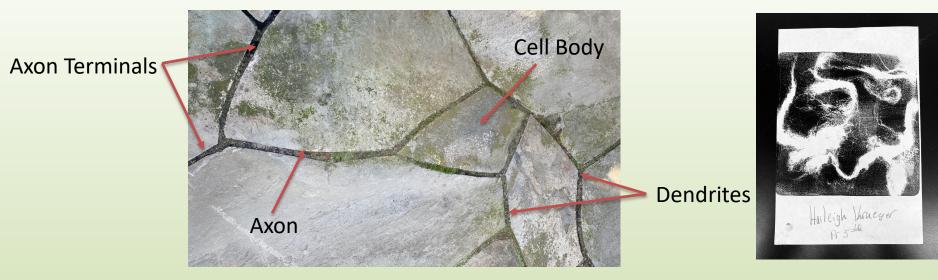
#### Neurons are a type of brain cell

The majority of neurons share some basic features



# Found Object Brain Cells

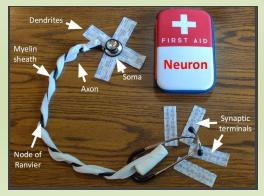
#### Take a look around you, what things do you see that share those structures?



## Can you construct a neuron out of things that you find?

What things for you represent the function of a neuron? Or the function of specific parts of a neuron? Do those things have personal meaning, or say something about you?















# #showusyourbraincell

By James & Mark Rutledge-Gorman

### **Tuna Jig Neuron**

Axon (rolled up shrimp netting

Cell Bo

lure for salmor

trolling

Dendrites

(tuna jigs)



terminals (tuna jigs)

Jigging is a type of fishing where your boat stays in place, or slowly drifts, while the line is jerked up and down to imitate the swimming of prey

> In Oregon, tuna jigs are primarily used for trolling a style of fishing where you pu hooks through water behind your boat

**By Amanda Gladics Oregon Sea Grant, OSU** 

### **Serotonin Flow**



ANY BRAIN CELLS Astrocyte Pyramidal neuron Photoreceptor Inner hair cell Nociceptor Cerebellar granule cell Meissner's corpuscle

## **Beaded, Neuron on Brain-Tanned Leather**

By Theresa Smith, Siletz Dee-Ni' Language & Culture Teacher

"Every animal has enough brains to tan its own hide"

showusyourbraincell wnoggin.org Dendrites

Myelin

Axon

Cell body (Soma) Axon Terminals Parallel fiber forms excitatory synapses with much larger Purkinje cells

> Landscape with Cacti (1931) Diego Rivera, Portland Art Museum

> > Dendritic "claws"

Dendrites receive indirect cortical input via mossy fiber neurons from nuclei in the brainstem (pons)

nwnoggin.org

Cerebellar Granule Cell The most abundant neuron in our brain

#showusyourbraincell

L-type cone cell

Rod cell

#showusyourbraincell

# **#showusyourbraincell**

Gorgeous hand-crafted photoreceptors by artist Darrin Lane

nwnoggin.org



#### Dracunculus Vulgaris

Smells like rotting flesh Pollinated by flies

Membranous disks (sites of photopigment)

Inner segment



#showusyourbraincell nwnoggin.org



## Taste afferent

Taste afferents are arranged like sections of an in taste buds on your tongue, with tiny microvilli poking out of taste pores for detecting chemicals (tastants) in food.

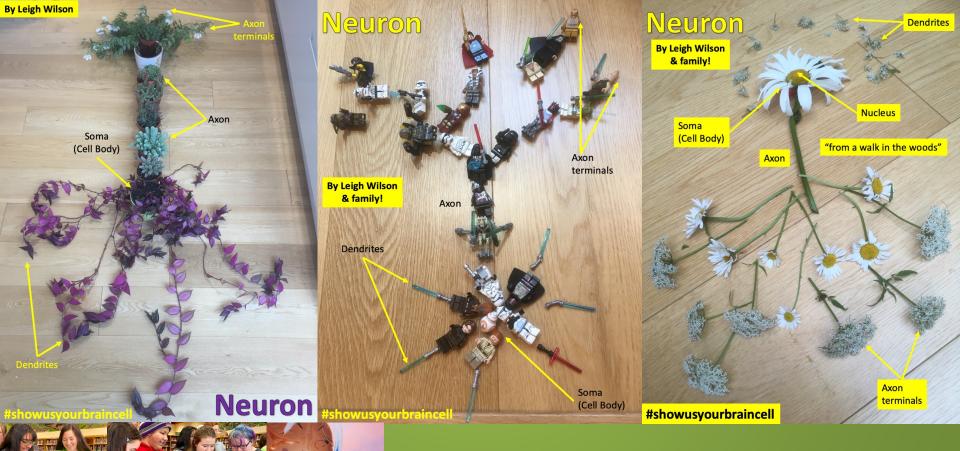


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### **Tear Gas Neuron**

Portland Police collaborated with white nationalist gangs & used chemical weapons of war on citizens

#### **Portland Police**,

county sheriffs, Oregon state troopers, federal DHS officers & armed members of regional hate groups <u>attacked Portlanders</u> & press with tear gas & impact munitions <u>for more than</u> \*5\* months in 2020.

Dendrites

Axon

200

These dendrites are clips from CS gas canisters deployed by the Portland Police, under Police Commissioner 8

Mavor Ted Wheeler, against people protesting ongoing racism and police violence against BIPOC Americans. Portland, OR 2020 Terminals Chemicals in tear gas cause and worsen respiratory ailments

Soma

Axon

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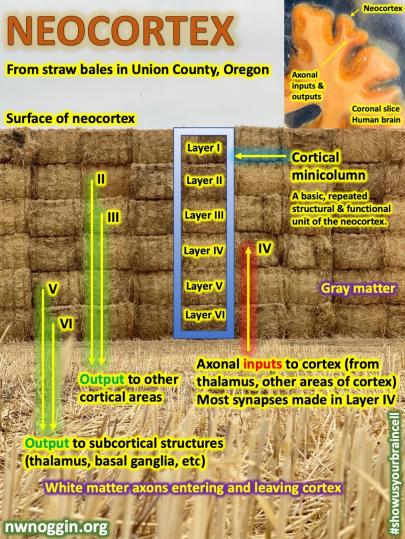
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Portland Police Bureau officers used force "more than 6,000 times" during "crowd-control events" from 5/29 – 11/15 -U.S. Department of Justice

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### You can find neurons everywhere!

### Dendrites!

Receive input from other neurons at gaps called synapses Axon Carries electric message (action potential!)

# Showy as your brain ce

Axon terminal

Axon hillock Release of neurotransmitter

Initiation site for electric message

Cell body<br/>(or soma)Important for cell upkeep;<br/>Location of nucleus, and DNA

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## **Everywhere!**

#### Leah Hutchinson, Portland State University

Cell body

Nucleus

Axon

"I chose this picture of my cat because I thought he was making a pose that was quite unique, and the flow of his body seemed to match a lot of what I was seeing online in neuron diagrams. I've also been told many times that my cat is long when not curled up in the sun (as pictured!) and that reminded me of the long axon.."

Synapses

onciritoo

#### Dendrites

Axon terminals

#### Ready for the Hersenolympiade! SATURDAY, 2/12 "Brain" "Olympics" 2x15pm GET/5:15am Pacific!

Stroopfwafel

#### HageIslag DENDRITES

Northwest Noggin will discuss (and exhibit!) real brains, art and the intersection between the two. Join us to make your own found object brain cells and discover how the arts and neuroscience offer compelling insights into who we are. DUTCH NEURON By Austin Howard

Breakforst?

AXON

Hagelslag AXON

TERMINALS

Victoria Peterson, Portland State University

""I've always kind of thought the Soma of a neuron looked like a cracked open egg, which I spend a LOT of time looking at because I work at a cafe where we make a lot of egg sandwiches..."

# Make your own – AND SHARE!

DID YOU KNOW that Phineas Gage lived in Valparaíso, Chile, after his infamous accident?! He drove a stagecoach from Valpo to Santiago and clearly recovered some frontal lobe function.

The bar that shot through the skull!

The skull

PROGRAM APPROVED! Arte y Cerebros en Chile! July 14 – August 13, 2023

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PRESYNAPTIC

AXON TERMINALS

SYNAPTIC CLEFT

VOLTAGE GATED

CHANNELS

Shroomy Synapse

ASTROCYTE

DENDRITES

CELL BODY

POSTSYNAPTIC RECEPTORS

MEMBRANE

Annabella Showerman @ Portland State University