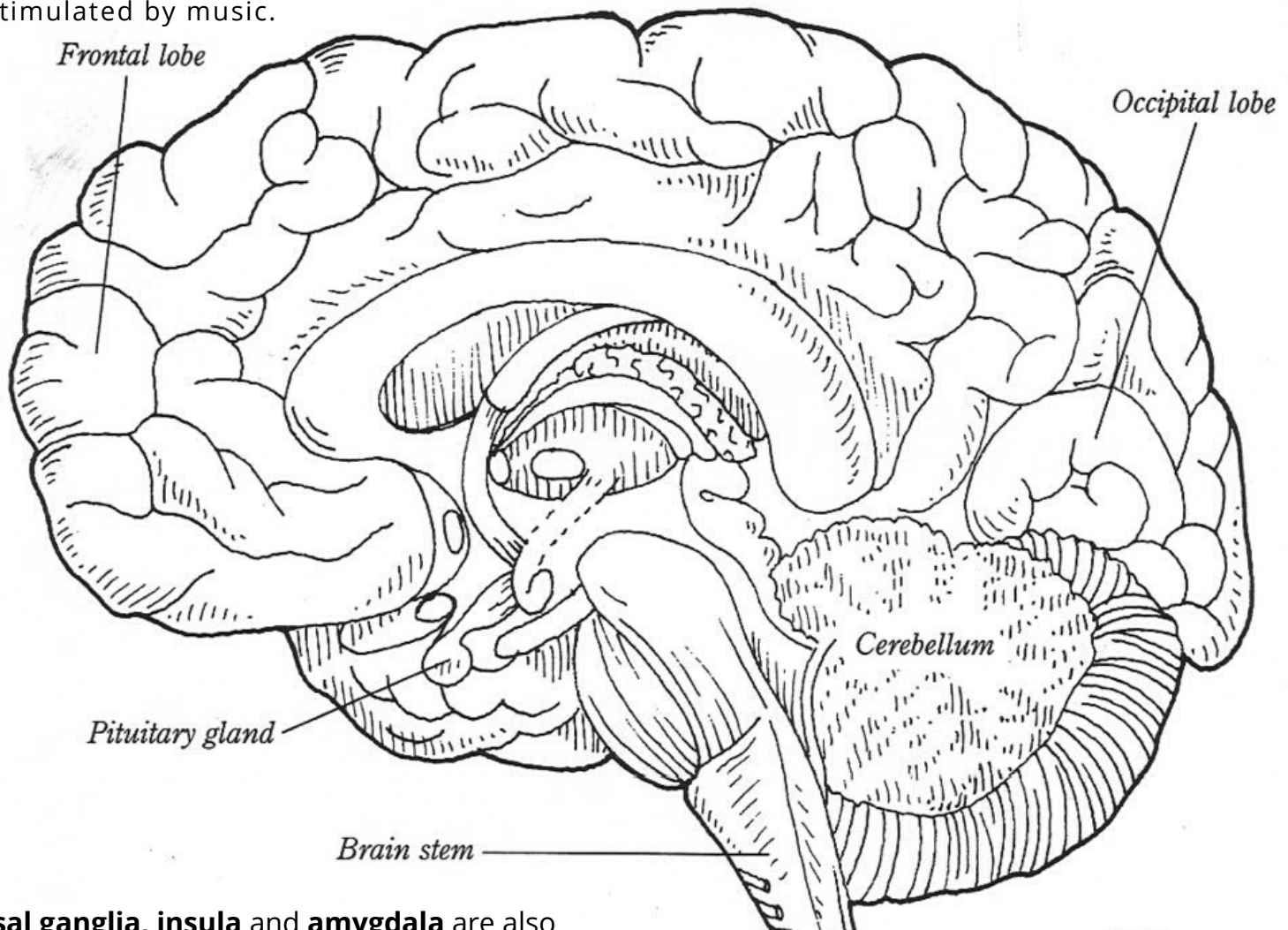


The Brain on Music.

Song and music can:
Reduce stress, pain and symptoms of depression.
Improve cognitive and motor skills, spatial-temporal learning and neurogenesis.

Fill the brain with colorful song. Color the parts of the brain stimulated by music.



The **basal ganglia**, **insula** and **amygdala** are also stimulated by music, they are located deep in the brain. Ask a NW Noggin' neuroscientist more about these features.